



## **QA@H AUGUST EVENTS**

**Tuesday 8/4/2020 – 11:00am**  
**FORUM ON COPING**

**Thursday 8/6/2020 – 5:00pm**  
**SOCIAL HOUR via Zoom**

**Tuesday 8/11/2020 –**  
**SNAP Chapter: HOME HEALTH**  
**and HOME CARE**

**Tuesday 8/18/2020 – 11:00am**  
**FORUM ON COPING**

**Wednesday 8/19/2020 – 10:00am**  
**Coffee + Conversation - ASPEN**  
**INSTITUTE**

**MORE DATES COMING SOON**

- ☆ *Click on event date or title above to link to event description and registration on QA@H website*
- ☆ *Unless otherwise noted, all events are via Zoom. Access info will be emailed shortly before each event*
- ☆ *For help with Zoom, please call the QA@H office before the event*

## **ANNUAL REPORT**

QA@H's fiscal year runs from July 1<sup>st</sup> to June 30<sup>th</sup>. Check out our Annual Report, included with this communiqué.

## **Next SNAP Chapter:** **Home Health and Home Care**

**Tuesday 8/11/2020 @ 4:00pm via Zoom**

Our SNAP series continues with a topic that is essential for all of us: *Home Health and Home Care Services*. Our speakers will be **Cindy Bach** (QA@H VicePresident and Occupational Therapist at Caroline Nursing & Rehab in Denton) and **Brooke Christensen** (*Visiting Angels*). This will be a remote event, via Zoom.

Their first topic will cover the differences between a **Home Health and Home Care** provider. Who can do what? When do you call which? How each is paid for? How does all this relate to QA@H policies for volunteers? Please note this topic is important for all QA@H members, whether you might need these now or in the future. We strongly encourage QA@H volunteers to participate, as we'll be touching on what actions we can and cannot perform.

Their second topic will address **fall prevention**, especially for seniors. Studies show that falls are prevalent among older people, and the incidence of falls increases with age: the rates over a 1-year period approach 50% in those over 80. Falls can have serious consequences in older people. In fact, according to the CDC, falls are the leading cause of injury-related deaths among persons aged ≥65, and the age-adjusted rate of deaths from falls is increasing.

If you have a special topic you'd like Cindy or Brooke to address, you can forward your question to the QA@H office ([click here to email](#) or call **410-635-4045**).

## 2020 July Coffee+Conversation with Sheriff Gary Hofmann

Spurred in part by the recent tumult affecting many American cities, QA@H invited **QAC Sheriff Gary Hofmann** to provide a law enforcement perspective about local policing. Sheriff Hofmann began with an overview of outreach efforts taken by his department, including providing logistical support for recent anti-racism rallies. While there is wide agreement that much anti-racism work remains to be done in our County, QAC is one of 30 (out of 160) law enforcement departments in Maryland that are state-accredited, committed to national standards and best practices such as eliminating knee-to-neck or chokehold techniques. QAC was among the first MD departments to use body cameras; Hofmann says footage will be made available to those who call with a complaint.



Hofmann emphasized his ongoing work establish direct lines of communication with all QAC communities with a goal of solving problems before they become enforcement issues. When asked about defunding, Hofmann pointed out that a sheriff department's work for the courts (eg, serving papers, warrants, etc.) is constitutionally based. Nevertheless, he notes that departmental duties have expanded over time to those of a full-service policing agency. While he agrees that some matters don't need to be handled by police, he does feel that School Resource Officers have become trusted parts of the local schools and are proving to be helpful in preventing issues from escalating.

Opioids continue to challenge QAC, largely because off-prescription drugs make their way through QAC from Baltimore to Salisbury, a supply line that is difficult to shut down. Hofmann states that his department takes a very firm line on dealers but will always try to help those with addiction problems find help.

[Click here](#) to watch a recording of this presentation. *The access password is 7f\$c+z#8*



### Wednesday 8/19/2020 - 10:00am Coffee + Conversation - ASPEN INSTITUTE

Our guest will be **George Dixon**, co-director of the Wye Fellows program at the Aspen Institute, a Washington-based think tank whose mission is to bring together some of the best minds in the world to address problems vital to national as well as international society. The Wye Fellows program is an offshoot of the broader organization that brings interested people of the Eastern Shore together to share in the Aspen experience through lectures, social events and outings. George will speak about the mission and history of the Wye Fellows and the current status of the program. He will give us a preview of coming activities and objectives for the future.