

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1	2
		Brain Health Interest Group - 10:00 AM				
3	4	5	6	7	8	9
				Walking and Outdoor Club - 9:00 AM		
10	11	12	13	14	15	16
		Brain Health Interest Group - 10:00 AM				
17	18	19	20	21	22	23
Book Club - "Summer of '69" by Elin Hilderbrand - 10:00 AM	Walking and Outdoor Club - 9:00 AM		Registration Deadline: SUNSET CRUISE ON THE CHESTER RIVER - PLEASE DO NOT register here. - 7:00 PM			
24	25	26	27	28	29	30
		Brain Health Interest Group - 10:00 AM	Lunch Bunch - 11:30 AM	Sunset Cruise on the Chester River - 6:00 PM		
31	1	2	3	4	5	6



# Walking & Outdoor Club



## Thursday 7-7-22 9:00 to 10:00 AM

We will meet at this new parking lot with beautiful restrooms on the Cross Island Trail that Four Seasons built. We will walk towards Terrapin Park, this area will be mostly shaded at that time of day.

Directions - From the north - Take RT 50 West toward the Bay Bridge, take Exit 39B toward Piney Creek Road, turn left onto Piney Creek Road, go 250 feet, turn right into the parking lot.

From Kent Island - take Rt8 North (Romancoke Road), turn right onto RT 18E, continue 1.8 miles, at the traffic circle take the second exit onto Main street, in 0.1 mile turn left onto Piney Creek Road, continue .03 miles, turn left into the parking lot.

[REGISTER HERE](#)

## Tuesday 7-19-22 9:00 to 10:00 AM

The South Island Trail located on Route 8 on Kent Island is a 7-mile paved trail that runs parallel to Route 8. Beginning at Matapeake Park and ending at Romancoke Fishing Pier. We will meet at the Matapeake Park's start of the South Island Trail and walk in the shaded area for about a mile and back. The South Island Trail located on Route 8 on Kent Island is a 7-mile paved trail that runs parallel to Route 8. Beginning at Matapeake Park and ending at Romancoke Fishing Pier.. We will meet at the Matapeake Park's start of the South Island Trail and walk in the shaded area for about a mile and back. Parking at Matapeake park's entrance to the South Island trail – Aquaculture road off Marine Academy Drive.

Directions: Rt. 50/301 to South Rt. 8, turn right to Marine Academy Drive, turn right onto Aquaculture and left into the parking area.

[REGISTER HERE](#)



## Brain Health Interest Group

**Tuesday 7-12-22 10:00 AM**

**Tuesday 7-26-22 10:00 AM**

*The BrainHEALTH interest group meets twice a month to increase our knowledge of how to keep healthy and SMART. Using articles and individual experiences we share tips on subjects such as how to maintain a healthy brain, causes of brain problems, care-giving experiences, etc. In addition, we sometimes do brain-strengthening exercises.*

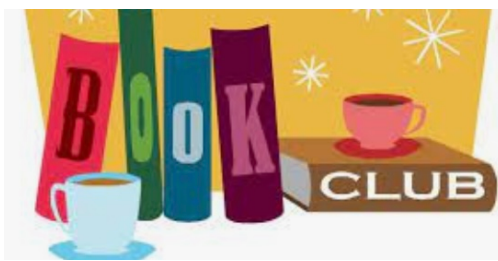
**QA@H members are welcome to join in at any time.  
Come once, come now and then, come all the time!**

At times it's necessary to change location or even the date so **please** make sure you **contact Dora Jean Hanna** before joining in the first time.

**dorajhanna@aol.com** or **410-758-7263**

[REGISTER HERE FOR 7-12-22](#)

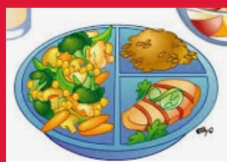
[REGISTER HERE FOR 7-26-22](#)



***Summer of 69 by Erin Hilderbrand***  
**Tuesday 7-18-22 10:00 to 11:00 AM**  
**FREE Members Only**

[REGISTER HERE](#)

Come join us for our first book discussion for our new book club. Our member Karen Kirchner will be hosting at her home in Queenstown Harbor (Her address will be emailed to those registered prior to the event). Please bring whatever you would like to drink.



***LUNCH BUNCH***

**Doc's Riverside Grill**



**511 Chesterfield Ave. Centreville**

**WEDNESDAY 7-27-22 11:30 to 1:30 PM**

[REGISTER HERE](#)

Join Queen Anne's @ Home Lunch Bunch for a casual outdoor (weather permitting) lunch at Doc's Riverside Grille (in bad weather we will eat inside). The Lunch Bunch will be scheduling monthly lunches on the 4th Wednesday of the month at 11:30 – **any member is welcome** to attend – **Please register** by noon the prior day (July 26) so we can make a reservation.

# SUNSET CRUISE on the CHESTER RIVER

Thursday 7-28-22 6:00 to 8:00 PM

Board at Town Dock on High St  
Chestertown, Md.



Join us for a sunset cruise with the Chester River Packet Company. The cost is \$45 per person which includes the **cruise and dinner served on-board**. **Drinks (except water) are not included in the ticket price**. Soft drinks are \$2/each, wine and beer are \$6/each, and mixed/liquor drinks are \$7/each. All forms of payment are accepted on board for drinks.

In addition to an outdoor deck, there is an indoor, climate-controlled area with seating for 30 people and 2 restrooms. We are limiting our trip to 30 people so we can be sure everyone has a seat indoors in case the weather isn't bright and sunny.

Here is a link to the website for Chester River Packet Company to read more about the cruise:

About – Chester River Packet ([chesterriverpacketco.com](http://chesterriverpacketco.com))

Registration is **TWO STEPS:**

1) **Register on our site** like you do for any event.

2) **Go to** the link below (Queen Anne's @ Home Seniors) to purchase your tickets:

<https://riverpacket.square.site/product/queen-anne-s-at-home-seniors/128?cs=true&cst=custom>

Tickets **MUST** be purchased through this site by **July 20 at 7 pm!** Only 30 tickets are available for this trip. So! Register **EARLY!** Parking information will be provided closer to the date of the event. If you have any questions, contact our events coordinator, Linda at (410)596-2545

[CLICK HERE TO REGISTER](#)

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