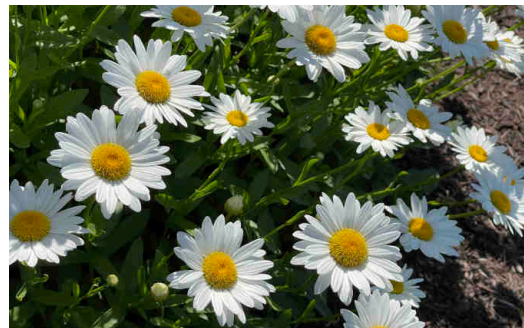
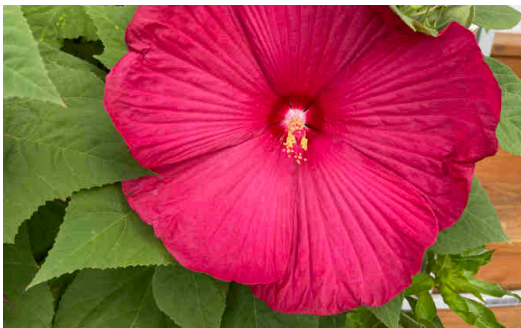




QA@H

August 2022 Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
				Walking and Outdoor Club - 9:00 AM		
7	8	9	10	11	12	13
	Brain Health Interest Group - 10:00 AM		Happy Hour - 4:00 PM			
14	15	16	17	18	19	20
Book Club Discussion Group - 10:00 AM	Walking and Outdoor Club - 9:00 AM					
21	22	23	24	25	26	27
	Brain Health Interest Group - 10:00 AM	Lunch Bunch @ Amalfi Coast - 11:30 AM				
28	29	30	31	1	2	3
		Tour of the Historic Kirwan House - 10:00 AM				
4	5	6	7	8	9	10
		Coffee and Conversation With New and Potential Members - 10:00 AM				





WALKING CLUB



Thursday 8-4-22

9:00 to 10:00 AM

The South Island Trail located on Route 8 on Kent Island is a 7-mile paved trail that runs parallel to Route 8. Beginning at Matapeake Park and ending at Romancoke Fishing Pier. We will meet at the Matapeake Park's start of the South Island Trail and walk in the shaded area for about a mile and back.

[CLICK HERE TO REGISTER](#)

Directions: Rt. 50/301 to South Rt. 8, turn right to Marine Academy Drive, turn right onto Aquaculture and left into the parking areas.

Tuesday 8-16-22

9:00 to 10:00 AM

We will meet at the new parking lot with beautiful restrooms on the Cross Island Trail that Four Seasons built. We will walk towards Terrapin Park. This area will be mostly shaded.

Directions - From the north - Take RT 50 West toward the Bay Bridge, take Exit 39B toward Piney Creek Road, turn left onto Piney Creek Road, go 250 feet, turn right into the parking lot.

From Kent Island - take Rt8 North (Romancoke Road), turn right onto RT 18E, continue 1.8 miles, at the traffic circle take the second exit onto Main street, in 0.1 mile turn left onto Piney Creek Road, continue .03 miles, turn left into parking lot.

[CLICK HERE TO REGISTER](#)

HAPPY HOUR



THURSDAY 8-11-22

4:00 to 6:00 PM

Join us August 11th at Cult Classic Brewing on Kent Island for Happy Hour! In addition to their in-house brews, they have a full bar and a kitchen. Plenty of parking out front. Thursday is also the Kent Island Farmer's Market right next door (3:30 – 6:30) so you will have time to check out the Farmer's Market before or after our social! Hope to see you there!

[CLICK HERE TO REGISTER](#)

BRAIN HEALTH @ Millstream Park



Tues. 8-9-22 10 to 11 AM

Tues. 8-23-22 10 to 11 AM

The BrainHEALTH interest group meets twice a month to increase our knowledge of how to keep healthy and SMART. Using articles and individual experiences we share tips on subjects such as how to maintain a healthy brain, causes of brain problems, care-giving experiences, etc. In addition, we sometimes do brain-strengthening exercises.

QA@H members are welcome to join in at any time.

Come once, come now and then, come all the time!

At times it's necessary to change location or even the date so
please make sure you **contact Dora Jean Hanna** before joining in the first time.

dorajhanna@aol.com or **410-758-7263**

CLICK HERE FOR 8-9-22

CLICK HERE FOR 8-23-22

BOOK CLUB DISCUSSION GROUP members only, FREE

Monday 8-15-22 10:00 to 11:30 AM

Come join us at Mary Jo's house in Centreville to discuss our book of the month: "The Bluest Eyes" by Toni Morrison

Mary Jo's address will be emailed to those registered prior to the event. Please bring your own drink and be ready to discuss questions and topics regarding the book which we will have posted in the Conversation section on website.

CLICK HERE TO REGISTER

LUNCH BUNCH @ Amalfi Coast
Wednesday 8-24-22
1 1:30 AM to 2:00 PM

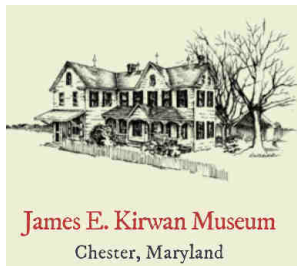


All members are welcome to join the Queen Anne's Lunch Bunch for lunch at Amalfi Coast Italian + Wine Bar in Stevensville. Considering it is August, we will probably be eating indoors to dodge the heat. Private parking is located behind the restaurant and off-street parking is located on Love Point Road across from the bar entrance.

The Lunch Bunch will be scheduling monthly lunches on the 4th Wednesday of the month at 11:30 – any member is welcome to attend – just please register no later than noon on August 22, so we can make a reservation.

[**CLICK HERE TO REGISTER**](#)

TOUR OF THE HISTORIC KIRWAN HOUSE
Wednesday 8-31-22 10 AM to 12 Noon



Join us for a guided tour of the Kirwan House by a Kent Island Heritage Society docent. The Kirwan House was willed to the Kent Island Heritage Society in 1938 by Senator Kirwan's granddaughter when he passed away. The property is now operated as a museum. Learn the history of Senator Kirwan and how he saved Kent Island from becoming Aberdeen Proving Ground. This will be a very informative event!

[**CLICK HERE TO REGISTER**](#)

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**NEIGHBORS
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“Do the
best you
can until
you know
better.
Then when
you know
better, do
better.”

- Maya Angelou

