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Hello Friend!

Welcome! In this issue, you'll find lots of good stuff about Queen Anne's at Home, its activities, and members. ***You are a vital part of the group and we look forward to your participation and feedback.***

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President's Message

Greetings!

A special hello to all! I am so pleased to be serving as the new president of Queen Anne's at Home and wanted to take a moment to give you a quick update on what is happening behind the scenes.

Queen Anne's at Home has welcomed four new board members and with a full board of 11, we are working to reach out to all members as well as into the community to get the word out about the many benefits of membership to QA@H.

We want members to take full advantage of the many programs and events that are offered, and one priority is working to **increase the participation of our members**. I hope you have found a way to feel part of our membership as there are so many ways to get involved, meet new people, and feel supported in our community!

I am very excited about the [Membership Celebration Chicken Dinner](#) planned for October 4th at the Moose Lodge in Queenstown. There will be something for everyone! In addition to **good food**, **trivia fun**, and **great fellowship**, there will be an opportunity to learn more about the committees of QA@H, what they are doing, and what is needed to keep the organization moving forward and GROWING!

I hope all are able to come to this event so that I can have a chance to meet the wonderful folks who are reaching out and helping their neighbors.

I want to learn how we can work together to keep moving this organization forward to meet our mission which is building a community of Queen Anne's County seniors who help each other **THRIVE** at home for as long as possible through **EMPOWERMENT, CONNECTION** and **PURPOSE**.

I look forward to meeting you all and hearing your ideas!

Warm regards,

Cindy Bach
President



Service Team Helps Neighbors **CONNECT**

By Cindy Bach

Thank you for helping members **CONNECT**!

The main reason we all joined Queen Anne's at Home is to help others and to learn how we can benefit from the support of others when we are in need.

We **CONNECT** to others when we learn of a need to help another member get to the doctor or pick up a prescription.

We **CONNECT** when we attend a SNAP event to learn more about how to gracefully age in our homes.

We **CONNECT** when we attend a social hour and form deeper friendships with our neighbors.

Here's what members are saying about the services we provide:

"I initially had weekly friendly visits and we enjoyed jelly donuts together. These visits actually turned into strong friendships. Now I am going on outings with my new friends and exploring new places I have never seen!"

"One of our friendly visit requests included a quick trip to the mailbox, sharing sweets, and a fascinating chat about advocacy in Illinois at the time that women's rights were

coming to the forefront in the state legislature.”

Be sure to respond to service request notifications and to request services when in need to grow our village!

Member volunteers are the foundation of our organization and all are needed!!!



Welcome New Members!

Please help us welcome new members who joined since our last newsletter:

- **Kay Alston**
- **Trish Chew**
- **Laura Conner**
- **Kathleen Dubel**
- **Lynn Evans**
- **Joanne and Jim Franta**
- **Helen Hope**
- **Bonnie Walter**

We look forward to getting to know you!



Member Spotlight: Marilouise Dodge

By Charlotte Zang

Marilouise Dodge (who is affectionately called ML) has led quite an interesting life with many fascinating experiences in her 92 years. When I sat down with her recently, she told me about how fascism in Europe affected her as a 6-year-old child in the United States.

Born and raised in Chicago, ML lived with her mother, aunt, and grandmother in the Ravenswood neighborhood in North Chicago, not far from Lake Michigan. She easily recalled the streets: Lawrence Avenue, Western Avenue, and Lincoln Avenue which ran diagonally through her neighborhood. She told about the multicultural population: her neighbors were from Greece, Germany, and Poland. Her eyes lit up when she recounted how she loved the smell of so many delicious foods in the kitchens where she often stopped for a snack.



As a child, ML had a friend whose family was German. Even though the father was a janitor, they were quite well off, traveling back to Germany every summer. ML wondered why her friend's family had a much nicer apartment, but when she mentioned it to her grandmother, she was firmly told, "Don't ask." Still, ML attended the monthly get-togethers in this family's basement where there was music and dancing and lots of scrumptious food. After the festivities, the children were shoosed out and the adults had their meeting.

While ML did not understand what was happening in that household, she was aware of what was taking place in Europe because she went to the movies. The newsreels showed the rise of the Nazi party and their plans to create a master race. Journalists reported on the things they saw and the atrocious ways that Jews and minorities were treated.

In the 1930s, many Jewish people immigrated to Chicago. At that time, a person coming into the country had to be sponsored by someone and supported while they were here. When she was 6 years old, ML got to know some of the children whose families had immigrated. They told her what life was really like in Europe at that time. She remembers the adults discussing it, too. “Little pictures have big ears,” ML said. “We heard the adults talking, so we had an idea of what was going on.”

When the war broke out in Europe in 1939, ML and her family were in Canada while her father was traveling on business. She remembers being in an orchard, picking apples when her father heard the news on the radio. He called her over to the picnic table where the radio stood. The news was broadcast in French so her father translated for everyone. Her parents wanted to return to the States but they ran into some difficulty because her mother didn't have a birth certificate. Eventually, after weeks passed, her father's employer pulled some strings and her family was able to return to Chicago.

Because there was a large Jewish population and the city was a major transportation hub, it was thought that Chicago could be a target once the United States entered the war. Each neighborhood selected a block captain and held practice drills. **Bomb spotters** were positioned on the roofs of the apartment buildings while a plane flew over and dropped various colored leaflets. Each color signified a different level of damage. Since the hatch to get up onto the roof was quite small, ML was volunteered by her grandmother to be the bomb spotter in her building when she was quite young. “The tar roof was so hot in the summer and freezing cold in the winter,” ML recalled. She memorized the rooftops of each building in her region so that when a leaflet landed on it, she could report the address to the block captain along with the extent of the destruction according to the color of the flyers. People ran out into the street with buckets of sand, practicing in case of emergency. Finally, when the “all clear” signal was given, ML could come down from the roof.

Every neighborhood in Ravenswood had a park and a **victory garden**. The one near ML's home was called River Park. She was responsible for planting, weeding, and picking the produce, loading it all into a wagon and pulling it up the street. That's how her family and their neighbors got their vegetables. For other foods, they had ration cards but usually there was no meat available. ML often stood in line for a long time and then her grandmother took her place, only to find out that after hours of waiting,

there was no meat to be had.

ML's family came up with an ingenious solution to this problem. ML was hired to **babysit** for the Jewish butcher's family. They made an arrangement that she was to be paid in meat! Even though she was a young girl, ML was providing for her family.

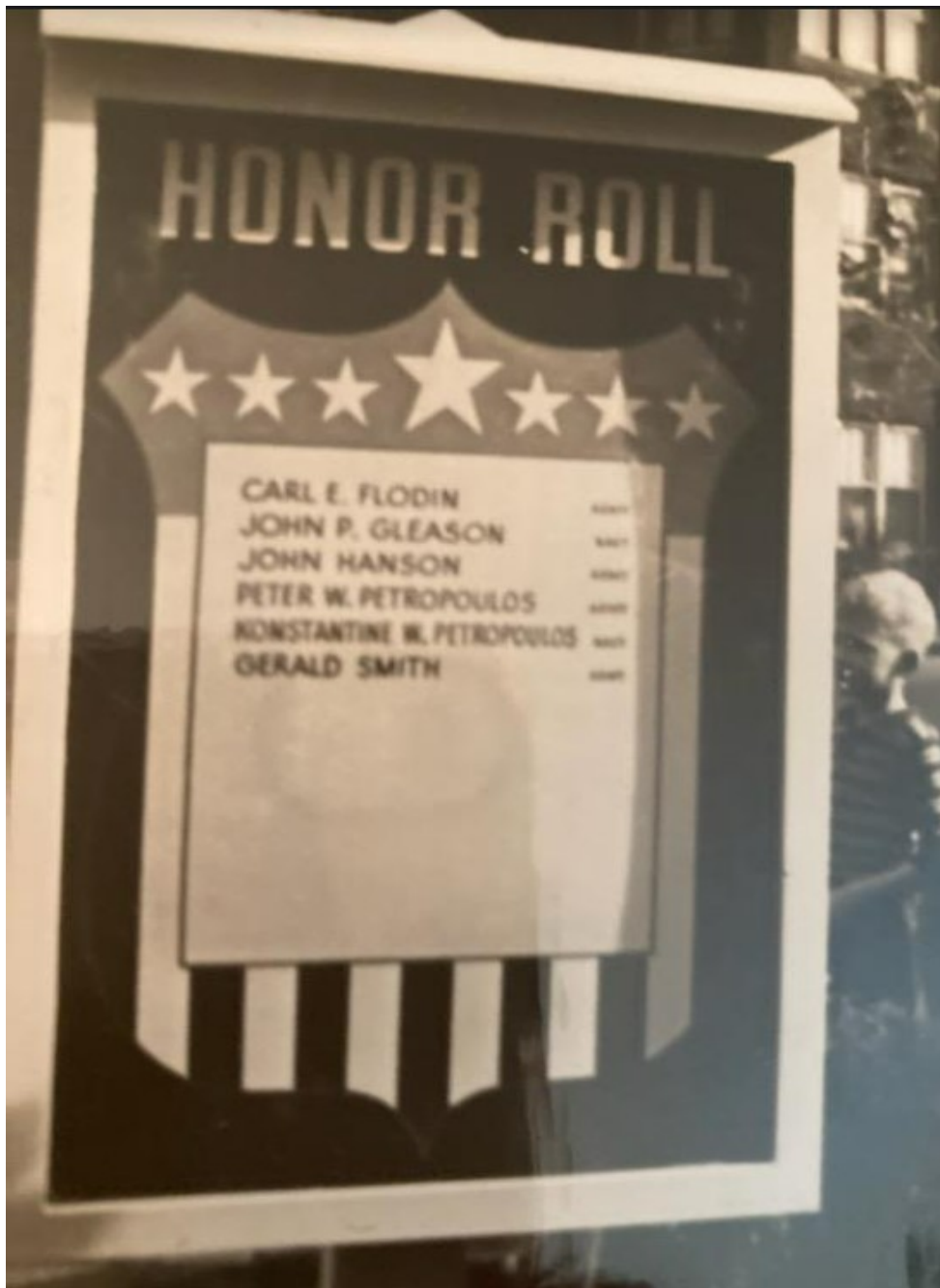


ML with the Jewish butcher's children.

Many men in the neighborhood went to war so it was decided that each victory garden would include a **memorial** with a list of names of the men who died in the war. ML was pressed into service to raise and lower the flag at the monument every day. Each time

a fallen soldier returned home, there was a **drum and bugle corps** that paraded through the streets before the ceremony where the person's name was added to the memorial. Guess who played the snare drum? That's right: ML! "I learned to play the bugle first, but I was allergic to the metal so I switched to the snare drum. This was during a time when girls were not permitted to do these types of things, but there I was, leading the parade!"





Honor Roll Memorial in River Park.



It was indeed a scary time. ML felt that she was supporting the war effort through her activities, but one of the things that perplexed her was that if she knew of the horrors of the war, why didn't she hear anyone speaking out against it? The nuns at her Catholic school told her to pray for the Russians and the Germans, and she couldn't understand why, since they were doing such awful things to people in Europe. It was very confusing.

It turns out that the German family who held gatherings in the basement was actually conducting German American Bund meetings. The German American Bund was an organization of ethnic Germans living in the United States. Their pro-Nazi agenda included the stance that the United States should stay neutral during the European conflict. "Hitler knew that the way to change a society was to indoctrinate the children, and that's what was happening in my neighborhood," ML said.

When asked about the turmoil in society today, she said, “We should have learned from those experiences in Europe. Schools need to teach children to think critically so they don’t blindly follow someone without questioning or being rational. Kids need to be taught logic, to let ideas develop, and have healthy debates,” she said. **“We have to do that so this kind of thing doesn’t happen again.”**

At the close of our time together, ML leaned over and said, “When you come back, I have more stories. I was a **model** when I was in 8th grade, and I was Phyllis Schlafly’s adversary during the **fight for equal rights** for women. ***I’ll even tell you about the file that the FBI has on me!***” What a story that must be!



We Need You!

We’re excited about our future. We hope to grow even more, support more service calls, provide more education, team with QA County organizations, and **HAVE MORE FUN!**

To do that, **we need your help** specifically with **reaching out to the community, welcoming new members, fundraising** and more.



Please tell us how you can help your senior neighbors.

-Are you a pet lover who could help by walking a dog?

-Do you love to chat? Could you do a few friendly visits?

-Are you available to drive someone to an appointment?

-Do you have a special skill that would be useful to fellow members?

You joined Queen Anne's at Home to be part of a community that helps each other thrive as we age at home. **Please share how you can play an active role. People need what you have to offer.** And life is more fun when we help each other!

Call us at 410-635-4045 or send an email to OurQAH@gmail.com

WHEN

Thu 10 / 20 / 2022
10:00 AM to 12:00 PM

[Add to Device Calendar](#)

[Add to Google Calendar](#)

WHERE

Private Home, please log in to see more

WHO CAN ATTEND

Members only

Limited Capacity: 5 spots available

PRICE

FREE

ORGANIZER

Linda Teuber-Kampes



"Ready or Not" Workshop

Have you signed up for the ***"Ready or Not"*** Workshop on October 20? Don't wait! ***There are limited spots available.*** It's a wonderful gift to yourself and those you love.

About the *"Ready or Not"* Workshop

"Ready or Not" will help you **take charge of your life** using a structured approach to planning for the many critical decisions facing all of us as we age. This program, designed by and for our members, is a planning tool that builds on our three quality of life pillars: **Empowerment, Connection, and Purpose.**

"Ready or Not" provides:

- A tool to help our members organize and plan for aging in place
- An educational program to provide our members with knowledge they'll need to thrive
- An opportunity to collaborate and develop practical strategies for staying healthy, safe, connected and independent at home.

Join us on Oct. 20! Register here: <https://qaathome.helpfulvillage.com/events/477-ready-or-not-workshop,-session-1>

What's Happening at QA@H

By Linda Teuber-Kampes, Event Team

Special Membership Appreciation Event



Dinner & Trivia Night For Members & Guests

October 4, 2022 6:00-7:30 PM

Bay Country Moose Lodge

6154 Main St. Queenstown, Md 21658

DOOR PRIZES Find out what's happening
Committee activity Special Interest Groups
AND MORE!

Bring a side dish to share
Chicken Dinner \$5.00

Register on QA@H website by Sept. 26



Celebrating Us! A Special Membership Appreciation Event

Join us on October 4th at the Moose Club in Queenstown for a chicken dinner followed by **trivia with a twist**: the contestants make up the questions! (This was suggested by attendees of our spring chicken dinner.)

Additionally, there will be stations with details about how you can get involved in committees and special interest groups. Board members will be on hand to answer your questions. **Door prize tickets** will be available at each table – so **the more you learn, the more chances for a prize!**

You must register prior to September 26 so we can order the chicken. The price for the event is \$5 (payable at the door) to cover the chicken and paper goods. **Bring your favorite dish to share!** Please read the event details on the website and in the email regarding drinks, etc.

LONGWOOD GARDENS - JOIN ADKINS ARBORETUM BUS TRIP FOR BRUCE MUNRO LIGHT SHOW

WHEN

Thu 09 / 29 / 2022
12:00 PM to 10:00 PM

[Add to Device Calendar](#)

[Add to Google Calendar](#)

WHERE

Longwood Gardens

WHO CAN ATTEND

Open to all

PRICE

\$95 for Adkins Arboretum members,
\$115 for non-members



Join Adkins Arboretum bus trip to Longwood Gardens for special light show!

Register early - this event will sell out!

Join us on Sept. 29.

*British artist **Bruce Munro** is best known for immersive large-scale light-based installations inspired by his interest in shared human experience. Since his debut exhibition at Longwood Gardens 10 years ago, he has wowed audiences the world over with his artwork. From Mexico City to Phoenix, Australia to Japan, his art evolves with each exhibition. "Ten years is a long time; it's one-sixth of my life so far," he says. "Today, I am more focused as an artist. Instead of slowing down, I feel that I am speeding up. Time is precious and there is so much to do."*

Register on the website at <https://qaathome.helpfulvillage.com/events/338-longwood-gardens---join-adkins-arboretum-bus-trip-for-bruce-munro-light-show>



Holidays and Charitable Giving

We are going to help with the Thanksgiving ***“Feed A Family”*** event. In previous years, the announcement comes out with very short notice – so keep an eye out for details. It is generally the week before Thanksgiving.

There is also a group called ***“QAC Christmas Angels”*** where people can “adopt” a child for Christmas and shop for them. Linda Austin organizes this each year and does a fabulous job. If we have people interested in doing this as a group, we can coordinate this and spread out the shopping expense and effort. It generally begins in November.

If you know of other organizations that need holiday help, please post on Village Talk to get the word out.



SNAP Chapter Presentations

We are planning some SNAP sessions this fall regarding changes as we age:

“Keeping a Positive Mental Outlook” and **“How to Age Well with Functional**

Fitness.” We are also searching for a speaker on Veteran’s Benefits for November.



VILLAGE TALK

Posts of all your interest groups are shown below

INTEREST GROUPS CATALOG

Village Talk and Special Interest Groups

Please visit the Village Talk section under the Members tab on our website. This is a convenient way to communicate with each other outside of email. You will see all of our Special Interest groups (book club, lunch bunch and more) and you can join the ones you like.

When you join, you will receive the messages sent specifically to that group. If you are unsure how to sign up for a Special Interest Group – there is a documented page for this under: Members >> Resource & Tutorials >> Tutorials & Articles >> Tutorials on Using QA@H Website – Tutorial 5 :Signing up for an Interest Group.



Book Club

The book club has now had two meetings and we are getting organized thanks to the help of members with book club experience. Please join us! Register for the event and read the book. We have had some thought-provoking and interesting discussions. Meetings are held on the 3rd Monday of the month from 10 – 11:30. (Note: for September, we will be meeting on the 4th Monday of the month.)



Walking and Outdoor Group

This group gets together on the first Thursday and third Tuesday of the month. We explore the many wonderful outdoor places of our area while getting exercise and making new friends. Our walks are about an hour and the pace set by the attendees that day. Each month the 2 locations are noted on the calendar. We try to cover a variety of settings during the year.



Lunch Bunch

Our Lunch Bunch group meets on the 4th Wednesday of the month. We like to alternate throughout Queen Anne's county to make it accessible to our members. We plan two months ahead of time, so check the calendar and sign up to join us when you can! Members at the luncheon choose the location for the lunch event two months out from that date.



Pickleball

Do you like to play pickleball? A few of us have started playing and are having so much fun that we are thinking of starting a new Special Interest Group. Right now, we get together as schedules permit and hit the ball around to have fun and get some exercise. One of our members is going to take a course at Chesapeake College, so she will educate us on the sport. If you're interested, watch for the Special Interest Group to appear under Village Talk and come out and join us. Contact Linda at lindat_01@comcast.net.



Historic House Tour

On Wednesday, August 31, Board members from the Kent Island Heritage Society gave us a private tour of the [Kirwan House](#) and property. We had 14 members in attendance.

Docent Linda Collier, dressed in period attire, gave us a tour of the house and detailed the history of the property and how the Heritage Society came to own it.

Jack Broderick, president of the Kent Island Heritage Society, explained how Senator Kirwan prevented Kent Island from becoming a military bomb location.

We even had a visit by Senator Kirwan (played by John Conley) to make the day extra special. The furnishings inside of the house were amazing and the exterior grounds were beautiful also. It was such a nice day! We all spent some time exploring the outside grounds before we left.

John Conley offered to give a presentation of the history of Kent Island. Our Event Committee will coordinate with him to schedule it this winter.













Be sure to check **Village Talk** occasionally to catch any last minute events added. You can also set up in Village Talk to receive email notifications about events.

If you have ideas or suggestions, please contact Linda Teuber-Kampes at lindat_01@comcast.net or (410)596-2545.



Refer a Friend

Our current members are the best source of future members, so please help! Until further notice, **you'll get a free month's extension** to your own membership when you refer a friend who joins QA@H.

Just **forward your pal's name** and contact info to the QA@H "office" by calling **(410) 635-4045** or send an email to OurQAH@gmail.com. Our Ambassador Team will follow up. Thank you!



Notable Quotables



“Youth is the gift of nature, but age is a work of art.” – Stanislaw Jerzy Lec



“The longer I live, the more beautiful life becomes.” – Frank Lloyd Wright



Why we love QA@H



Russ helped Julie with project



Julie helped Sheila with iPhone



Sheila checks on isolated member

Sharing Corner

Our members are the best! Here's an example of what one member said about being part of Queen Anne's at Home's thriving community:

"I like being a member because I get out to do some fun things with new friends that I might otherwise not get to do, such as walking at local parks, pickleball, lunches out, understanding how our brain works as we age through the brain health group as well as opportunities to help others who need a ride or other help through the service request system."

Tell us what QA@H means to you. Thank a neighbor, praise another member, or tell us about your positive experience. Send your comments to **OurQAH@gmail.com**. You might just see your comments in an upcoming newsletter.



About Queen Anne's at Home

Founded in 2018, QA@H is based on the model of seniors helping seniors to thrive as we age in our own homes. Members offer help as they can and seek help as they need it. This reciprocity helps build on QA@H's three foundational principles of **Empowerment, Connection, and Purpose.**

The **Queen Anne's At Home Fund** is a component fund of the Mid-Shore Community

Foundation, a public foundation designated as a 501(c)(3) charity. Donations to the Fund support Queen Anne's At Home's programs helping seniors stay safe, healthy, connected, and independent at home and are tax-deductible as allowed by law. A copy of the Mid-Shore Community Foundation's financial statement is available at www.mscf.org or by calling 410-820-8175. Information about Mid-Shore submitted under the Maryland Charitable Solicitations Act can be obtained from the Office of the Secretary of State, State House, Annapolis, MD 21401.



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