

DECEMBER. 2022

Queen Anne's at Home

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	1	2	3
				Walking and Outdoor Club - 9:00 AM		
4	5	6	7	8	9	10
				Between the Holidays Lunch - 11:30 AM		
11	12	13	14	15	16	17
	Brain Health Interest Group - 10:00 AM			Holiday Treat and Cookie Exchange - 10:00 AM		
18	19	20	21	22	23	24
Book Group Discussion - 10:00 AM	Walking and Outdoor Club - 9:00 AM					
25	26	27	28	29	30	31
	Brain Health Interest Group - 10:00 AM					



Walking & Outdoor Club

Thur. 12-1-22, 9-10 AM

CROSS ISLAND TRAIL

We will meet at the parking area under the Kent Narrows Bridge West (Kent Island side). On the day depending on the weather that day we will either go east or west for about a mile and back. East would take us on the Cross Island Trail (CIT) connector - The combination boardwalk and asphalt trail connects to the CIT extending the trail east from Kent Narrows for 1.3 miles. The trail runs parallel to the westbound side of Rt. 301/50. Scenic vistas of the Chester River can be viewed from this section of the trail. If it is windy, we may choose to go West along the CIT, mostly an asphalt trail through the woods, and parallel to RT 50/301.

Directions:

From Centreville area – Take RT 50/301 west to Exit 41 West ramp, continue .25 mile turn right into the parking area under the Kent Narrows Bridge.

From the Kent Island area - Take 50/301 East to Exit 41 West, turn left onto RT 18, turn left on Piney Narrows Road, turn left into the parking area under the Kent Narrows Bridge.

[CLICK HERE TO REGISTER](#)

Tue. 12-20-22, 9-10 AM

TERRAPIN NATURE TRAIL

We will meet in the parking lot and enjoy a walk in this 276-acre nature park which features a 3.25-mile oyster chaff walking trail, which meanders through wildflower meadows, wetlands, tidal ponds, woodlands and sandy shoreline. The trail provides a unique vantage point for viewing an incredible variety of waterfowl, wildlife and plant species. Portable toilets are available year round. We will also have the option of walking on the Cross Island Trail.

Directions: From 50/301S take exit 37 for MD8, turn right onto MD8, continue 0.3 miles, turn left onto Skipjack Parkway, continue 0.2 miles, turn left onto Log Canoe Circle, continue 0.4 miles, turn left into parking lot for Terrapin Nature area.

[CLICK HERE TO REGISTER](#)

BETWEEN THE HOLIDAYS LUNCH



Thur, 12-8-22 11:30 AM to 2:00 PM Lunch \$25 opt. Gift \$10

DOCK HOUSE, 110 Piney Narrows Rd. Chester, MD 21619

**Please go to website
for important details!**

[CLICK HERE TO REGISTER](#)

BRAIN HEALTH INTEREST GROUP



**Centreville Library - small conference room
121 S. Commerce St. Centreville, MD 21617**

TUES. 12-13-22 10:00 -11:00 AM

[CLICK HERE TO REGISTER](#)

TUES. 12-27-22 10:00 - 11:00 AM

[CLICK HERE TO REGISTER](#)

The BrainHEALTH interest group meets twice a month to increase our knowledge of how to keep healthy and SMART. Using articles and individual experiences we share tips on subjects such as how to maintain a healthy brain, causes of brain problems, care-giving experiences, etc. In addition, we sometimes do brain-strengthening exercises.

**QA@H members are welcome to join in at any time.
Come once, come now and then, come all the time!**

At times it's necessary to change location or even the date so **please** make sure you **contact Dora Jean Hanna** before joining in the first time.

dorajhanna@aol.com or [410-758-7263](tel:410-758-7263)



HOLIDAY TREAT & COOKIE EXCHANGE

Thu. 12-15-22 10:00 AM - 11:30 AM

FREE and Open to all!

BAY COUNTRY MOOSE

6154 MAIN ST. QUEENSTOWN, MD. 21658

[CLICK HERE TO REGISTER](#)

Bake up some cookies or treats and join us for a holiday cookie exchange.

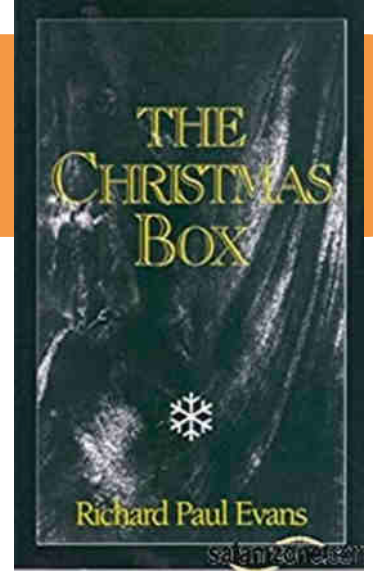
You'll need a container of cookies or treats you have made (or purchased) and bring an empty container to gather some of other peoples to take home with you.

Let's put in the comments what we are making so we can avoid having too many of the same type!

BOOK GROUP DISCUSSION

Mon. 12-19-22 10:00 AM to 11:30 AM

Come join us at MaryJo Volpicelli's house in Centreville to discuss our book of the month, "The Christmas Box" by Richard Paul Evans.



MaryJo's address will be emailed to those registered prior to the event.

[CLICK HERE TO REGISTER](#)

Please bring your own drink and be ready to discuss questions and topics regarding the book which we will have posted in the Conversation section below.

©2022 Queen Anne's at Home. All rights reserved
QA@H Contact Info: [\(410\) 635-4045](tel:4106354045) Our_QAH@gmail.com
www.QueenAnnesAtHome.org

<https://www.facebook.com/QueenAnnesatHome>

