



LEARN TO PLAY GAMES



[CLICK TO REGISTER](#)

Fri. 3-1-24 10:00 to noon

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Wed. 3-20-24 2:00 to 3:45

Let's learn to play some games!

Some people will bring some games and then we will figure out what games we want to play. Our choices are varied - some of the games we have been discussing are cards (rummy/gin, UNO, canasta, Pinochle, etc.), Bunco, Mexican Train, Pictionary, Yatzee, and the list goes on. We will probably have more than one game going at the same time, depending on the number of people attending.

When you enter the Grasonville Senior Center, sign in at the counter (Senior Center membership is free but required - if you are not already a member, come early and do your paperwork), then make a left and go to the first doorway on the left. This is the room that faces the parking lot and has the mirrors.

Feel free to bring a drink along!



Wed. 3-6-24

2:00 to 3:45 pm

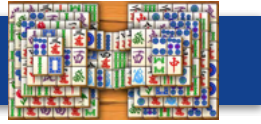
[CLICK TO REGISTER](#)

Let's play Canasta!

When you enter the Grasonville Senior Center, sign in at the counter (Senior Center membership is free but required - if you are not already a member, come early and do your paperwork), then make a left and go to the first doorway on the left. This is the room that faces the parking lot and has the mirrors.

Feel free to bring a drink along!

MAH JONGG



1st Monday & 2nd Wednesday of Month

Mon. 3-4-24

2:00 to 3:45 pm

CLICK TO REGISTER

Wed. 3-13-24

10:00 to Noon

CLICK TO REGISTER

GRASONVILLE SENIOR CENTER Make sure to register if attending so we know how many people to expect! If you have tiles, bring them along in case we need them. You may also want to bring your own drink. You must be registered at the senior center prior to attending, so make sure to get registered there if you are not. We will be meeting in the front room that looks out onto the parking lot - when you enter the building, go left down the hallway, room will be on your left. Make sure to sign in when you come in the senior center.

QAC CHAMBER OF COMMERCE



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Queen Anne's County Chamber of Commerce is hosting a Business and Home Expo at the Kent Island Fire Department. This is Open to all and a good way to find local businesses. **KI FIRE DEPT Wed. 3-6-24 3:00 to 7:00 PM**

SNAP BINDER at Centreville Library

Mon. 3-11-24

1:00 to 2:30 pm

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Second chance! Who else would like to tackle the behemoth task?

You know your SNAP binder is important but is yours incomplete?

Let's get it done! This is the second offering for those that missed the first one in October.

Face It! Plan It! Do It! will be an informal get together to discuss the SNAP binder and share suggestions for getting through what seems like a daunting task. We will discuss ideas as a group, so you may hear some ideas from others that would work for you also. This workshop is designed to be your incentive to get this task finally accomplished and off your To-Do list.

Remember to bring your binder, some paper and a pen.

BRAIN HEALTH K.I. Library

Tues. 3-12-24 10:00 to 11:00 am

CLICK TO REGISTER

Tues. 3-26-24 10:00 to 11:00 am

CLICK TO REGISTER



This workshop will include exercises that focus on "gross motor and fine motor abilities, as well as coordination, balance, memory, attention, visual-spatial skills, and executive functions". The exercises will not involve strenuous cardio or conditioning exercises, and the group leader will provide a variety of props and handouts.

Since the planned activities rely on a specific number of participants, **REGISTRATION IS MANDATORY**. If you do not register, but attend scheduled workshops anyway, you may not be able to participate, but you will be welcome to observe. Kay Alston is currently planning these workshops. If you have any suggestions or questions, please contact her through the website or at **410-212-9190**.

NOTE: Classes are limited to 12 people - so make sure to sign up early!

WALKING & OUTDOOR CLUB - NATURE WALKERS

Thu. 3-7-24 10:00 to 11:00 am

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We will meet in the parking lot and enjoy an approximate 45 min walk in this 276-acre nature park which features a 3.25-mile oyster chaff walking trail, which meanders through wildflower meadows, wetlands, tidal ponds, woodlands and sandy shoreline. The trail provides a unique vantage point for viewing an incredible variety of waterfowl, wildlife and plant species. The new bathrooms are open year round.

This is a slower paced walk for observing nature.

Directions: From 50/301S take exit 37 for MD8, turn right onto MD8 continue 0.3 miles, turn left onto Skipjack Parkway, continue 0.2 miles, turn left onto Log Canoe Circle, continue 0.4 miles, turn left into parking lot for Terrapin Nature area.



Tues. 3-19-24 10:00 to 11:00 am

[CLICK TO REGISTER](#)

We will meet in the Chesapeake Heritage and Visitor Center parking lot and enjoy about a 45 min walk. Ferry Point Park is 41 acres of tidal wetlands, non-tidal wetlands and uplands. Rich in wildlife, one might expect to possibly see herons, ospreys, eagles, ducks, geese, swans, turtles, bullfrogs, and deer at Ferry Point. Surrounded by three bodies of water (Chester River, Kent Narrows and Piney Creek) the parks scenic views are magnificent. Ferry Point Park has approximately (1) mile of hiker / biker trails, sitting benches and interpretive signage. The park is a wonderful interpretive and passive recreation spot within the Kent Narrows. Restrooms available at Visitor Center.

Directions: From Centreville area – Take RT 50/301 west to Exit 41 West ramp, continue to Piney Narrows Road, turn left onto Piney Narrows Road, stay on Piney Narrows Road, (follow signs for Chesapeake Heritage and Visitor Center) turn left into the parking lot.

From the Kent Island area - Take 50/301 East to Exit 41 West, turn left onto RT 18, turn left on Piney Narrows Road, turn right to stay on Piney Narrows Road, (follow signs for Chesapeake Heritage and Visitor Center) turn left into the parking lot.

LIFESTYLE FACTORS / ALZHEIMER'S RISKS

Wed. 3-13-24 2:00 to 3:30 pm

[CLICK TO REGISTER](#)

Suburban Hospital (a member of Johns Hopkins Medicine) is presenting a free Zoom presentation. You can learn more and register using this link:

<https://lifestylefactorsmarch2024.events.suburbanhospital.org/>

BOOK CLUB ORGANIZATIONAL MEETING

Mon. 3-18-24

10:00 to 11:30 am

[CLICK TO REGISTER](#)

Centreville Library - large meeting room

Join us for an organizational meeting to pick our books for the next 6 months. Watch for the email message from member Ann Grace and submit your choices for books for the next 6 months. We will use this meeting to vote on the list of books that have been submitted.

Feel free to bring along a drink!

CHICKEN DINNER & TRIVIA

Tues. 3-19-24 5:30 to 8:00 pm

[CLICK TO REGISTER](#)



Fried Chicken Dinner and Trivia by Lynne Evans - Oh My!

Our last chicken dinner and trivia was so much fun, we know you won't want to miss this. And Fried chicken, yet! Guests are welcome with a \$5 fee as long as they are registered so we can provide a count for chicken. If you have any friends interested in our wonderful community, this would be a great time for them to meet us. Dress is casual.

Registration deadline is March 14th

Bring a side dish to share and your own non-alcoholic drinks and join us to enjoy the Moose's fried chicken with your fellow members. Alcoholic drinks may be purchased at the Moose lounge – **cash only**. **No alcoholic drinks can be brought on the premises from outside.**

Registration is a must by March 14th so we can provide a head count to the Moose Lodge for chicken. Please put a note in the comments below with the side dish or dessert you are bringing so we can coordinate.

MAKE LANYARD NECKLACE OR NAME TAG

Fri. 3-22-24 2:00 to 4:00 pm

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Come join us to make your own personalized lanyard for your Queen Anne's At Home name tag. Our member, Jinny Guy, will be guiding us through the process.

If you have any old necklaces that have beads with holes in, feel free to bring them along to use or donate to the group to use. The more we have, the better selection for everyone. If you don't have any, no problem, we will be working on collecting beads for the event.

Make sure to register by end of day Monday, March 18th so we have time to purchase enough materials for everyone.

LUNCH BUNCH at BRIDGES

Wed. 3-27-24 11:30 am to 1:00 pm

[CLICK TO REGISTER](#)

Come join us at Bridges Restaurant in Kent Narrows. It will be too cold to eat outside but we need to get here before the tourist season, or it will be packed!

Please register no later than noon the Monday before so I can provide an accurate head count to the restaurant.



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