

# FEBRUARY, 2024

# QA@H

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
				Walking and Outdoor Club-Nature Walkers - 10:00 AM	Learn To Play Games - 10:00 AM	
4	5	6	7	8	9	10
Mah Jongg - 2:00 PM		Bowling Afternoon in Easton - 2:00 PM				
11	12	13	14	15	16	17
	Brain Health Group Activity Workshop - 10:00 AM	Mah Jongg - 10:00 AM	Coffee & Conversation - Travel Tips - 10:00 AM			
18	19	20	21	22	23	24
Happy Hour at Mama Mias - 2:00 PM	Book Group Discussion- Long Road to Mercy - 10:00 AM	Walking and Outdoor Club-Nature Walkers - 10:00 AM	Learn To Play Games - 2:00 PM	New Member Welcome and Orientation-How to Get the Most out of your Queen Annes at Home Membership - 2:00 PM		
25	26	27	28	29	1	2
	Brain Health Group Activity Workshop - 10:00 AM	Lunch Bunch at Mama Mias - 11:30 AM		Learn To Play Games - 10:00 AM		

## WALKING & OUTDOOR CLUB - NATURE WALKERS

**Thurs. 2-1-24 10:00 to 11:00 AM Terrapin Nature Area**

**CLICK TO REGISTER**

We will meet in the parking lot and enjoy an approximate 45 min walk in this 276-acre nature park which features a 3.25-mile oyster chaff walking trail, which meanders through wildflower meadows, wetlands, tidal ponds, woodlands and sandy shoreline. The trail provides a unique vantage point for viewing an incredible variety of waterfowl, wildlife and plant species. The new bathrooms are open year round.

**Tues. 2-20-24 10:00 to 11:00 AM Ferry Point Park**

**CLICK TO REGISTER**

We will meet in the Chesapeake Heritage and Visitor Center parking lot and enjoy about a 45 min walk. Ferry Point Park is 41 acres of tidal wetlands, non-tidal wetlands and uplands. Rich in wildlife, one might expect to possibly see herons, ospreys, eagles, ducks, geese, swans, turtles, bullfrogs, and deer at Ferry Point. Surrounded by three bodies of water (Chester River, Kent Narrows and Piney Creek) the parks scenic views are magnificent. Ferry Point Park has approximately (1) mile of hiker / biker trails, sitting benches and interpretive signage. The park is a wonderful interpretive and passive recreation spot within the Kent Narrows. Restrooms available at Visitor Center.

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[www.QueenAnnesAtHome.org](http://www.QueenAnnesAtHome.org)

<https://www.facebook.com/QueenAnnesatHome>

## LEARN TO PLAY GAMES



**Fri. 2-2-24 10:00 - Noon**

[CLICK TO REGISTER](#)

**Wed. 2-21-24 2:00 - 3:45**

[CLICK TO REGISTER](#)

Let's learn to play some games!

Some people will bring some games and then we will figure out what games we want to play. Our choices are varied - some of the games we have been discussing are cards (rummy/gin, UNO, canasta, Pinochle, etc.), Bunco, Mexican Train, Pictionary, Yatzee, and the list goes on. We will probably have more than one game going at the same time, depending on the number of people attending.

When you enter the Grasonville Senior Center, sign in at the counter (Senior Center membership is free but required - if you are not already a member, come early and do your paperwork), then make a left and go to the first doorway on the left. This is the room that faces the parking lot and has the mirrors. Feel free to bring a drink along!

## BOWLING AFTERNOON IN EASTON



**Wed. 2-7-24 2:00 to 4:00 PM**

Join us for an afternoon of bowling for only \$10!

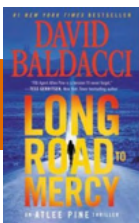
Easton Bowling offers \$10 bowling from 2 - 5 in the afternoon and it includes shoes.

Make sure to register so I have an idea of how many lanes to grab for us!

[CLICK TO REGISTER](#)

## BOOK CLUB DISCUSSION GROUP

**Mon. 2-19-24 10:00 to 11:30 AM**



The book we will be discussing at our February 19th meeting will be "Long Road to Mercy" by David Baldacci. We enjoyed his Christmas Train book so much, we wanted to read one of his thriller books. This is the first in his Atlee Pine series.

We will be meeting at Mary Jo's house but you can also join using Zoom - use the link on website to join us but make sure to sign up so we know to connect the Zoom.

[CLICK TO REGISTER](#)

## MAH JONGG



**Mon. 2-5-24 2:00 - 3:45**

[CLICK TO REGISTER](#)

**Wed. 2-14-24 10:00 - Noon**

[CLICK TO REGISTER](#)

We will be playing Mah Jongg on the 1st Monday and 2nd Wed. of the month at the Grasonville Senior Center.

**Make sure to register if attending so we know how many people to expect!**

If you have tiles, bring them along in case we need them. You may also want to bring your own drink.

You must be registered at the senior center prior to attending, so make sure to get registered there if you are not. We will be meeting in the front room that looks out onto the parking lot - when you enter the building, go left down the hallway, room will be on your left. Make sure to sign-in when you come in the senior center.

## COFFEE & CONVERSATION



**Thurs. 2-15-24 10:00 to 11:00 AM**  
**Bay Country Moose, Queenstown, MD**

Come join us for a round table discussion of tips for traveling. Many of our members took some long international vacations this year - let's hear what they found that would have been helpful to know ahead of time and things they learned. And maybe they can answer some of our questions.

And we can sip our coffee and enjoy some breakfast treats at the same time!

[CLICK TO REGISTER](#)

## HAPPY HOUR



**Sunday 2-18-24 2:00 to 4:00 PM**

Let's all get together for Happy Hour at Mama Mia's and chat about how cold it is outside!

You may even want to stay for dinner!

Registering in advance helps us plan how large of an area to grab for our group when we arrive.

[CLICK TO REGISTER](#)

## BRAIN HEALTH GROUP ACTIVITY WORKSHOP - KENT ISLAND LIBRARY



**Tues. 2-13-24 10:00 to 11:00 AM**

[CLICK TO REGISTER](#)

**Tues. 2-27-24 10:00 to 11:00 AM**

[CLICK TO REGISTER](#)

This workshop will include exercises that focus on “gross motor and fine motor abilities, as well as coordination, balance, memory, attention, visual-spatial skills, and executive functions”. The exercises will not involve strenuous cardio or conditioning exercises, and the group leader will provide a variety of props and handouts.

Since the planned activities rely on a specific number of participants, **REGISTRATION IS MANDATORY**. If you do not register, but attend scheduled workshops anyway, you may not be able to participate, but you will be welcome to observe. Kay Alston is currently planning these workshops. If you have any suggestions or questions, please contact her through the website or at **410-212-9190**.

**NOTE:** Classes are limited to 12 people - so make sure to sign up early!

### NEW MEMBER WELCOME & ORIENTATION QAC Centreville Library

**Thurs. 2-22-24 2:00 to 3:30**

[CLICK TO REGISTER](#)



This event is for both new members and existing members!

It will be part social , so new members can meet existing members and existing members can meet new members, and part learning about all of the benefits you have as a member of Queen Anne's At Home. There will also be information sharing and discussion about Interest Groups and any questions will be answered.

So come and join us! This is the first of what we hope to be a bi-monthly event!  
Refreshments will be served!

### LUNCH BUNCH



**Wed. 2-28-24 11:30 to 1:00**

[CLICK TO REGISTER](#)

Join us at Mama Mia's in Centreville for an Italian lunch. Make sure to register - if we have a large enough group - I will try to reserve the room for us!

The Lunch Bunch will be scheduling monthly lunches on the 4th Wednesday of the month at 11:30 – any member is welcome to attend – just please register no later than noon the Monday before so we can make a reservation if we have a large group.

# February