



APRIL, 2024



31	1	2	3	4	5	6
	Mah Jongg - 2:00 PM	Canasta - 2:00 PM	Walking and Outdoor Club-Nature Walkers - 10:00 AM	Learn To Play Games - 10:00 AM		
7	Solar Eclipse Viewing over the Bay - 2:00 PM	Brain Health Group Activity Workshop - 10:00 AM	Mah Jongg - 10:00 AM	Deadline for Signup for Appreciation Night - 5:00 PM		
14	Book Club Organizational Meeting - 10:00 AM	Walking and Outdoor Club-Nature Walkers - 10:00 AM	Learn To Play Games - 2:00 PM			
		Appreciation Night 2024 - 5:30 PM				
21	Meet & Greet Social Hour - 1:00 PM	Brain Health Group Activity Workshop - 10:00 AM	Lunch Bunch - Tokyo Bay - 11:30 AM	Ready-or-Not Workshop - 1st Meeting - 2:00 PM		
28	Face It! Plan It! Do It! - 1:00 PM					
			1	2	3	4

CANASTA



Wed. 4-3-24
2:00 to 3:45 pm

REGISTER HERE

Let's play Canasta!

When you enter the Grasonville Senior Center, sign in at the counter (Senior Center membership is free but required - if you are not already a member, come early and do your paperwork), then make a left and go to the first doorway on the left. This is the room that faces the parking lot and has the mirrors. Feel free to bring a drink along!

SOLAR ECLIPSE OVER THE BAY



Mon. 4-8-24
2:00 to 4:30 PM

REGISTER HERE

Come join us at the Queen Anne's Marina to view the solar eclipse.

Bring a chair and anything you want to drink or snack on - we will provide viewing glasses.

This event will be canceled if it rains.



MAH JONGG

Mon. 4-1-24
2:00 to 3:45 pm

REGISTER HERE

Wed. 4-10-24
10:00 am to Noon

REGISTER HERE

We will be playing Mah Jongg on the 1st Monday and 2nd Wednesday of the month at the Grasonville Senior Center.

Make sure to register if attending so we know how many people to expect!

If you have tiles, bring them along in case we need them. You may also want to bring your own drink. You must be registered at the senior center prior to attending, so make sure to get registered there if you are not. We will be meeting in the front room that looks out onto the parking lot - when you enter the building, go left down the hallway, room will be on your left. Make sure to sign in when you come in the senior center. They also offer lunch there at 12 but if we want to stay for lunch, we have to be signed up 2 weeks prior.

LEARN TO PLAY GAMES



Fri. 4-5-24 10:00 to 12:00

REGISTER HERE

Wed. 4-17-24 2:00 to 3:45 pm

REGISTER HERE

Let's learn to play some games!

Some people will bring some games and then we will figure out what games we want to play. Our choices are varied - some of the games we have been discussing are cards (rummy/gin, UNO, canasta, Pinochle, etc.), Bunco, Mexican Train, Pictionary, Yatzee, and the list goes on. We will probably have more than one game going at the same time, depending on the number of people attending.

When you enter the Grasonville Senior Center, sign in at the counter (Senior Center membership is free but required - if you are not already a member, come early and do your paperwork), then make a left and go to the first doorway on the left. This is the room that faces the parking lot and has the mirrors.

Feel free to bring a drink along!



WALKING & OUTDOOR CLUB

Thurs. 4-4-24
10:00 to 11:00 am

REGISTER HERE

We will meet in the parking lot and enjoy an approximate 45 min walk in this 276-acre nature park which features a 3.25-mile oyster chaff walking trail, which meanders through wildflower meadows, wetlands, tidal ponds, woodlands and sandy shoreline. The trail provides a unique vantage point for viewing an incredible variety of waterfowl, wildlife and plant species. The new bathrooms are open year round.

This is a slower paced walk for observing nature.

Directions: From 50/301S take exit 37 for MD8, turn right onto MD8 continue 0.3 miles, turn left onto Skipjack Parkway, continue 0.2 miles, turn left onto Log Canoe Circle, continue 0.4 miles, turn left into parking lot for Terrapin Nature area.

Tues. 4-16-24
10:00 to 11:00 am

REGISTER HERE

We will meet in the Chesapeake Heritage and Visitor Center parking lot and enjoy about a 45 min walk. Ferry Point Park is 41 acres of tidal wetlands, non-tidal wetlands and uplands. Rich in wildlife, one might expect to possibly see herons, ospreys, eagles, ducks, geese, swans, turtles, bullfrogs, and deer at Ferry Point. Surrounded by three bodies of water (Chester River, Kent Narrows and Piney Creek) the parks scenic views are magnificent. Ferry Point Park has approximately (1) mile of hiker / biker trails, sitting benches and interpretive signage. The park is a wonderful interpretive and passive recreation spot within the Kent Narrows. Restrooms available at Visitor Center.

BOOK CLUB ORGANIZATIONAL MEETING

Mon. 4-15-24
10:00 to 11:30 am

REGISTER HERE

Join us for an organizational meeting with coffee, tea and a breakfast casserole to pick our books for the next 6 months. Make sure to submit your choices to Ann Grace at anngrace214@gmail.com. We will use this meeting to vote on the list of books that have been submitted.

We will be meeting at Ann's house in Symphony Village - her address will be emailed to those signed up prior to the meeting date.

BRAIN HEALTH

Kent Island LIBRARY



Tues. 4-9-24
10:00 to 11:00 am

REGISTER HERE

Tues. 4-23-24
10:00 to 11:00 am

REGISTER HERE

This workshop will include exercises that focus on “gross motor and fine motor abilities, as well as coordination, balance, memory, attention, visual-spatial skills, and executive functions”. The exercises will not involve strenuous cardio or conditioning exercises, and the group leader will provide a variety of props and handouts.

Since the planned activities rely on a specific number of participants, REGISTRATION IS MANDATORY. If you do not register, but attend scheduled workshops anyway, you may not be able to participate, but you will be welcome to observe. Kay Alston is currently planning these workshops. If you have any suggestions or questions, please contact her through the website or at [410-212-9190](tel:410-212-9190).

NOTE: Classes are limited to 12 people - so make sure to sign up early!

APPRECIATION NIGHT



Tues. 4-16-24
5:30 to 9:00 pm

REGISTER HERE

Join us for our Appreciation Night catered by Bay Country Moose.

Cocktail hour from 5:30 - 6:00 (cash bar at the Moose lounge)
(Reminder - we cannot bring our own alcohol in)

Dinner at 6:00 (gluten free option) and salad
Dessert - cake and ice cream!

Members are free, there will be a charge for guests that will be determined once we finalize the menu.

If a guest decides to join as a member of Queen Anne's At Home the night of the event, their charge will be refunded. Guests can pay at the door but must be registered prior to April 11th.

Please come join us and celebrate US and the people that make our group special!!

MEET & GREET SOCIAL HOUR



Mon. 4-22-24
1:00 to 3:00 pm

REGISTER HERE

BAY COUNTRY MOOSE

This event is for both new members and existing members!

It will be part social, so new members can meet existing members and existing members can meet new members, and part learning about all of the benefits you have as a member of Queen Anne's At Home. There will also be information sharing and discussion about Interest Groups and any questions will be answered.

So come and join us!

1-2 - social hour with appetizers

2-3 - walkthrough website and answer questions

Light snacks will be served and drinks can be purchased from the Moose lounge!

LUNCH BUNCH



Wed. 4-24-24
11:30 to 1:00 pm

REGISTER HERE

Everyone enjoyed Tokyo Bay so much in October we have voted to go there again before the summer rush! Join us in their private room for a delicious hibachi lunch.

The Lunch Bunch will be scheduling monthly lunches on the 4th Wednesday of the month at 11:30 – any member is welcome to attend – just please register no later than noon the Monday before so we can make a reservation if we have a large group.

FACE IT! PLAN IT! DO IT!



Mon. 4-29-24
1:00 to 2:30 pm

REGISTER HERE

Centreville Library

Second chance! Who else would like to tackle the behemoth task?

You know your SNAP binder is important but is yours incomplete?

Let's get it done! This is the second offering for those that missed the first one in October.

Face It! Plan It! Do It! will be an informal get together to discuss the SNAP binder and share suggestions for getting through what seems like a daunting task. We will discuss ideas as a group, so you may hear some ideas from others that would work for you also. This workshop is designed to be your incentive to get this task finally accomplished and off your To-Do list.

Remember to bring your binder, some paper and a pen.

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www.QueenAnnesAtHome.org

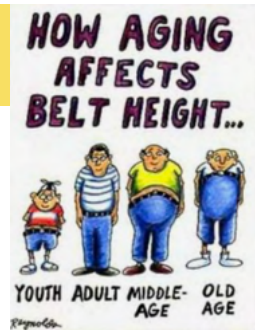
<https://www.facebook.com/QueenAnnesatHome>

READY OR NOT WORKSHOP

Wed. 4-24-24 2:00 to 3:30 pm

REGISTER HERE

Symphony Village



Have you decided you want to stay in your own home as long as possible? Have you figured out a plan for how you're going to pull that off? Most American seniors say "yes" to the first question and a resounding "no" to the second. That's a problem.

To come up with a solution, QA@H created the "Ready or Not" program, a facilitated workshop we offer our members once or twice a year. It's based on a workbook of exercises that help participants address some Big Questions we all have to face as we work on our "next chapter". The experience is designed to stimulate your creative juices, bring fresh eyes and creativity to these Big Questions, help organize your options – and then serve as prompts for discussions with the important people in your life.

Since each participating household is unique, each works on their own plan. But we've discovered that meeting in a larger group to share ideas stimulates even deeper reflection that leads to new discoveries, while providing a sense of support.

The group will meet 4 times, completing Workbook exercises between each session.

At the first meeting, participants will determine a mutually workable time and place for subsequent sessions.